



PET PATHS®

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Pebbles, Executive Editor

We at PETential Paths wish all of you and your pets
a very, Merry Christmas
and a
Happy, Healthy, Prosperous New Year!
Hope you enjoy this special edition!



Listening in Silence – A Fable

Here is a fable we have reprinted from Linda Tellington-Jones' blog, *Changing the World, One TTouch at a Time* (<http://tellingontouch.wordpress.com/>), which we have reprinted for you to enjoy.

A king sent his son off to study in the temple of a great master with the aim of preparing him to be a great person. When the prince arrived at the temple the master sent him to the forest alone. He should come back some years later with the task of describing all the sounds of the forest.

When the prince returned to the temple after a year the master asked him to describe all the sounds he could hear. Then said the prince: "Master I could hear the singing of the birds, the sound of the leaves, the breeze touching the grass, the buzz of the bees, the noise of the wind cutting the skies..."

When he finished his report the master asked the prince to return to the forest to hear whatever else possible. Although the prince was intrigued he obeyed his master's demand thinking: "I don't understand, I've distinguished all the sounds of the forest..."

For days and nights he was there alone listening, listening, listening... But he couldn't distinguish anything new apart from what he had told the master already. However on a certain morning the prince started to distinguish some vague sounds, different from everything he had heard before. And the more he paid attention, the more clear the sounds became.

A beautiful sensation came over the boy. He thought: "These should be the sounds the master wanted me to hear..." And without hurrying away he stayed patiently listening and listening. He wanted to be sure he was on the right track. When he returned to the temple the master asked him what else he could hear. Patiently and with respect the prince said: "Master when I

paid attention I could hear the unheard sound of the flowers opening, the sound of the sun rising and warming the earth, and the grass drinking the dew of the night..."

The master smiled and said: "To listen to the unheard is to have the necessary calm to become a great person. Only when we learn to listen to the heart of others, their mute feelings, their unconfessed fears, and their silent complaints, only then a person can inspire trust around himself, understand what's wrong and meet the real needs of everyone. The death of a relationship starts when people listen only to the words pronounced by the mouth without paying attention to what's going on inside the other, to be able to listen to their feelings, desires and real opinions. It's necessary to listen to the unheard side of things because that's the most important side of the human being..."

Author Unknown



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Tips & Tails

According to *Edmunds.com* and pet-travel safety group, *Bark Buckle Up*, the Top 10 Pet-Safe Vehicles are (alphabetically): 1) Dodge Journey, 2) Ford Flex, 3) GMC Acadia, 4) Hyundai Tucson, 5) Jeep Liberty, 6) Kia Borrego, 7) Mazda 5, 8) Mitsubishi Outlander, 9) Subaru Tribeca, and 10) Volvo XC70.

Some safety & convenience features include pet safety restraints, tri-climate control, fold-flat rear seats, treat holders & backup cameras.

Dogs Understand On Level With Toddlers

Although chimpanzees are humans' closest living relatives, dogs have proven to better understand our communications. Two recent studies indicate that canines need almost no training to react to pointing gestures as a command. This compares with the test results of a two-year-old child. Food and toys were used as the incentive.

Conducted in two Hungarian universities, the studies used a dog and two



children aged two and three. When pointing with an extended hand and foot at one of two separated cartons of food and toys, the dog and two year old performed with equal cognition. But when the hand and foot were pointed but not extended, neither the dog nor child got it right. However, when a three-year-old child took the same test, she passed both the extended and non-extended commands.

Dogs are also on a level with apes when mimicking human tasks. One of the study leaders took the same animal through the acts of imitating what

he was doing. The dog replicated perfectly the actions of picking up a cup and placing it in a box, bowing to the examiner, and turning in circles. All of this was accomplished, as were the earlier achievements, without any training of the animal.

Thanks to the people at *Discovery.com* for their coverage of these two important studies, and if you want to see Spot perform all the above and more, go to their site by copying and pasting the following in your browser: <http://dsc.discovery.com/news/2009/07/13/dog-toddler-gestures.html>. Then you can test your own canine friend.

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EVENTS

2010 Heart to Heart Pet-a-rama, Sunday, February 14, 2010, 9 am to 2 pm at Steele Indian School Park in Phoenix. <http://www.hearttoheartpetarama.com/>

More TTouch workshops and demos are in the planning stages! Let us know if you want to host a workshop or free demo at your place, for dogs, cats, rabbits, & other companion animals. Workshop hosts will be able to attend at no charge! Contact Barb at barb.PETentialPaths@cox.net.



Apollo

*"Until one has loved an animal,
part of one's soul
remains unawakened."— Anatole France*

Buddy's Amazing Journey

Here's a feel-good story about a sweet dog who otherwise didn't have a chance at life. Krisie Quinn-Warner is an animal lover who believes that we should do anything possible to help our less fortunate friends, especially when one of these creatures is old and abandoned by his owners. Someone called Foothills Animal Rescue in August, 2008, asking if they could take a 12-year-old chocolate Lab they found. At that time no foster family was available so the shelter had to turn the person down. Coincidentally, an older, chocolate Lab was found later wandering in the FAR parking lot.

Buddy was obese, causing shortness of breath, and it was determined he had a heart condition. Barely able to walk with arthritis, he was also overweight at 111 pounds. Buddy had a stroke the following spring, which further restricted his movements. But...I am getting ahead of myself.

Spotting Buddy at FAR that August day, Krisie took him home and started a three-times-daily regimen of exercise in her pool where his weight wouldn't be a big factor, and it was easy on his joints. She put him on a diet of canned green beans (only 20 calories per 16 oz. can!) to offset hunger between regular meals, which consisted of a mixture of 2 cups of dry food, broccoli, one cup of rice, and other veggies. Along with diet, Krisie applied her special talents in using herbs to further support Buddy's health.

In six months Buddy dropped 31 pounds, can walk much better now, and has become more energetic than ever, which Krisie mostly attributes to the pool exercise. Mixed in with all the above is an endless amount of love given to Buddy and her other pets by Krisie and her husband, Bill. You can reach Krisie at (480) 282-0557 for information on herbs.



Linda Says ...

Words from our TTouch founder,
Linda Tellington-Jones



The following transmission is a message from an ancient Morton Bay Fig Tree which I received directly from the tree at Coffs Harbor, Australia, September 10, 1982. This marvelous tree is said to be more than 1000 years old, and is the tree-spirit who gifted Michael J. Roads with wisdom for his first book, "Talking with Nature."

I was staying with Michael and Treenie Roads at their home in Coffs Harbor when Michael suggested I take my journal in hand and visit with the tree. As I approached, the following words came into my mind and I immediately began writing as I walked.

I had many such transmissions in my following six-week walk-about in Australia so I didn't actually read the message until I returned home to Carmel, California and was sharing my journal with my friend, Tom Mitchell.

When Tom read the message he insisted I publish it, and actually took my journal and had the poem printed. For years I shared these words in my horse demonstrations and followed the message with a few moments of silence to honor Nature and this connection to Divine Spirit — to God.

Inspired by the poem that Oprah read on the 5th lesson in the series of On-line Lessons with Oprah and Eckhart Tolle, based on his book, "A New Earth: Awakening to Your Life's Purpose," I realized I needed to once again share this ancient wisdom.

The words "Heaven On Earth" have come to me in many such transmissions from rocks and trees and Atlantean poems over the past two-plus decades. I interpret the meaning simply. When we re-member our Oneness with Divine Spirit — with All That Is — with Presence — as Eckhart Tolle so gracefully describes this Knowing — we experience this feeling of Heaven on Earth, Now.



Heaven on Earth

Once upon a time I was one of many like me.
We had lived long upon this earth and had acquired much wisdom.
Our understanding and love sent out positive vibrations
which had far reaching effects.
Then came man with his lack of understanding.
"When was this," I asked.
It is not important, as the time of which I speak
is not measurable in your mind.
The positive ions which were created
by disruptive thoughts and actions
caused disturbances to what you think of
as the atmosphere, but is the delicate "Balance of Nature"
(patterns of molecules or molecular structure
of which you were recently told).
The imbalance or negativity became so great
that the entire planet was affected as was your universe.
That is what caused the actual axis imbalance of your planet.
That is when the shift in axis occurred.
In order to re-balance or re-align the earth
your people must once again recognize
the Kingdoms of the Plants
the Animals
the Minerals
and the Nature Spirits
as One with you
and as vital to the survival of the Planet.
That your race recognize the God within is only the start.
That we are recognized as one with you
in the balance of existence is the key not only to survival
But to *Heaven on Earth*.