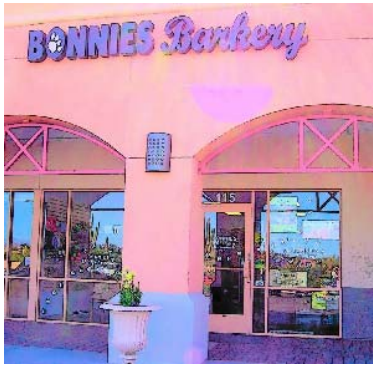


# BONNIE'S BARK

News 4 Your Pet's Health

## February 2007 Newsletter



### Featured Articles:

Treat of Month	page 1
Nature's Variety	page 1
Nutrition Q&A	page 1
TTouch	page 2
Doggie Driver	page 2
February Birthdays	page 2

### Contributing Writers:

Barbara Dunning - TTouch



*The mission of Bonnie's Barkery is to provide healthful options for pets including nutritious foods, treats and supplements.*

- Sarah Dixon,  
owner of Bonnie's Barkery

### Treat your dog the smart way... ...introducing Smart Dog Treats

Smart Dog Treats are available with three proteins – Chicken, Salmon and Duck. The Chicken treats are USDA Certified Organic. The Salmon treats are made with fresh Pacific Salmon. The Duck treat is a good solution for dogs with food allergies to chicken and other meats.



Smart Dog treats are fortified with antioxidant vitamins, proteinated zinc and glucosamine. They contain no artificial colors, flavors, synthetic preservatives, genetically modified organisms or meat byproducts.

**And they are YUMMY!!**

### Nutrition Q & A:

Q: I have always fed my dog a chicken diet. Can I switch him to a beef or lamb diet?

A: If your dog (or even your cat) doesn't have specific food intolerances, rotating to another protein or even another brand of food is okay to do. Changing foods allows your dog or cat to experience new ingredients, which exposes them to a variety of sources of vitamins, minerals, and proteins. If you are not sure how your pet will respond to a new diet, protein or food, gradually introduce the new food with the old and monitor the transition.

Q: What are EFAs and why are they good for my pet?

A: EFAs are Essential Fatty Acids. Fats are a source of energy along with proteins and carbohydrates. Some common ways to add EFAs to your pet's diet can be with fish oil (such as salmon or sardine or a blended fish oil) or with flax oil. Fish oil has beneficial Omega-3 Fatty Acids known to protect against heart disease and reduce inflammation. Fish oil or flax oil is also helpful in providing a beautiful lustrous coat, bright eyes and soft skin.

### Get to know Nature's Variety Foods

Nature's Variety kibble is coated with a special freeze dried raw food blend for optimum nutrient absorption. The kibble contains natural, wholesome ingredients such as alfalfa sprouts, apples, blueberries, broccoli, spinach, and brown rice. You can find Chicken Meal & Brown Rice, Beef Meal & Barley, Lamb Meal & Oatmeal, Venison Meal & Millet, and Salmon Meal & Brown Rice varieties at Bonnie's Barkery.



The canned food is grain-free with no hormones or steroids. Bonnie's Barkery provides Chicken + Turkey, Beef, Lamb, Rabbit, Duck and Venison choices.

Nature's Variety raw diet is available at Bonnie's Barkery in Organic Chicken, Chicken + Turkey, Beef, Lamb, and Venison. These raw diets are 95% meat and 5% fruits and vegetables.



Register now to win a free bag of Nature's Variety dog or cat food from Bonnie's Barkery in March.

*Registration details are available at Bonnie's Barkery ...come in and register to win!*

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February 2007  
Newsletter p.2



## February Birthdays

Little Lucy  
Brisbane  
Vegas  
Solomon  
Patches  
Chloe  
Cali  
Wyatt  
Lilly  
Holly  
Kitty  
Kissy  
Sadie  
Twinkie Sue  
Bruiser  
Augie  
Baloo  
Onyx  
Calvin  
Kolone  
Kani  
Casey  
Doc  
Spirit  
Mason  
Sweet P  
Maggie  
Sparky  
Diego



## Get In TTouch With Your Pet

If you've never heard of TTouch, a gentle method of influencing your pet's behavior and general well-being, you are about to make an amazing discovery! You can learn to apply TTouch to eliminate inappropriate behaviors, assist with recovery from injury and illness, or just enhance the quality of your animal's life. TTouch consists of a series of circular touches, lifts and strokes, along with guided groundwork.

The Tellington TTouch Method® has been around for over 30 years, developed by Linda Tellington-Jones when looking for a gentler, positive way to connect with the horses she trained. It has blossomed into an internationally-known method that is used by animal owners, trainers, breeders, veterinarians and shelter workers in over thirty countries for all types of animals. With its roots in the Feldenkrais method of "Awareness Through Movement," TTouch techniques gently guide the animal through non-habitual exercises that can alter existing habitual patterns. As posture affects behavior, many owners and caregivers note that unwanted behavior diminishes as the animal's posture improves. TTouch teaches the animal to act, rather than simply react.

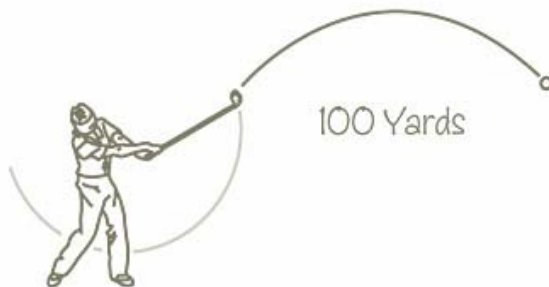
TTouch can deepen the bond between you and your companion animal. It offers a positive approach to training, which emphasizes cooperation, trust and partnership, and helps balance your pet. If your pet is in balance, he's happy, and so are you!

For more information or to schedule an individual appointment, contact Barbara Dunning, PETential Paths L.L.C., Cave Creek, AZ, 602-793-7277, email: [barb.PETentialPaths@cox.net](mailto:barb.PETentialPaths@cox.net)

## Keep your dog active!

### Introducing the **Hyper Dog Doggie Driver** – a fun new toy for you and your dog!

The **Doggie Driver** is a uniquely designed ball launcher that allows you to throw a tennis ball up to 100 yards. It is great for your dog's training and exercise and provides you with a hands-free pick up (to avoid the slobber).



Just swing the **Doggie Driver** like a normal golf club, with a full and even follow through. The tennis ball will fly out in the desired direction for your dog to retrieve. To reload the driver, just push the opening of the club against the ball and you're ready to go again.

Benefits for you - perfect your swing without hitting the driving range.  
Benefits for your dog - a woof-tastic workout.

*Caution: We do not advise using the **Doggie Driver** at the local golf course... utilizing your local dog park will ruffle fewer feathers!*